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### **Needle Biopsy Instructions**

Check in at main registration office of the hospital 2 hours prior to procedure unless instructed otherwise by facility. Please bring any necessary insurance cards and documentation with you for registration.

#### **In preparation for your Needle Biopsy**

1. Wear loose comfortable clothing. Leave valuables at home including all jewelry and piercings.
- \*\* 2. Do not eat or drink anything after midnight. Also STOP any alcohol.
3. If you must take any routine medications such as blood pressure or heart meds, please do so with a minimum amount of water on your regular schedule.
4. If you have inhalers or a nebulizer, they can be used at any time prior to your procedure.
5. If you are diabetic, hold your blood sugar meds during the time you can not eat or drink. Please check your blood sugar prior to arrival.
6. 5 days prior to your procedure STOP any blood thinners such as Coumadin, Aspirin, Plavix, Eliquis, Xarelto, etc.
7. ***Remember to take all outside films/cd's not done at hospital with you to your appointment.***

#### **Following you Needle Biopsy**

- You will need someone to drive you home after the procedure. No taxi or ride sharing please.
- Most people can go home 3-4 hours after the procedure.
- When you get home, just spend the day quietly resting, resume normal eating and drinking and resume prior medicine doses on prior schedules.
- You can expect to resume normal activities the next day.
- During the first 24 hour interval, **DO NOT** drink alcohol, operate a motor vehicle, machinery or power tools, make legal or financial decision or supervise infants or young children.
- You may run fever overnight. Treat it with Tylenol or Advil type medications. However, if new fever develops any time after 24 hours please notify the doctor.
- If you develop sudden extreme shortness of breath or sharp stabbing pleurisy type chest pains please report this to the doctor at 972-964-0170 or proceed to the nearest ER or call 911.

#### **Needle Biopsy Results**

- A pathologic diagnosis is generally not available for at least 3 working days. Any delays in getting a pathologic diagnosis is neither a good nor a bad sign. Results are never given to us during the weekend.
- Some culture results might be available after 2 days, but can take up to 7 days and in some instances even up to 6 wks for final results.
- Please contact our office during routine office hours in 4-5 working days to see if any results are available and to arrange any needed follow up office visit or testing.