

Collin County Pulmonary Associates  
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### **Bronchoscopy Instructions**

Please bring any necessary insurance cards and documentation with you for registration. Please bring a list of all medications (prescription and over the counter).

In preparation for your Bronchoscopy

1. Wear loose comfortable clothing. Leave valuables at home including all jewelry and piercings.
2. Do not eat or drink after midnight or at least 8 hours prior to your procedure.
- \*\*3. If you must take any routine medications such as blood pressure or heart meds, please do so with a minimum amount of water on your regular schedule.
4. If you have inhalers or a nebulizer, they can be used at any time prior to your procedure.
5. If you are diabetic, hold your blood sugar meds during the time you can not eat or drink. Please check your blood sugar prior to arrival.
6. Stop any blood thinners such as Coumadin, Aspirin, Plavix, Aggrenox, etc. **Ask the doctor for directions for how and when to stop.**

### **Following your Bronchoscopy**

- You will **NOT** be allowed to drive – arrange for a ride home. No taxi please.
- Most people can go home within 3 hours of their procedure.
- When you get home, just spend the day quietly resting, resume normal eating and drinking and resume prior medicine doses on prior schedules.
- If the bronchoscopy suggests a need for added medication, you will be given a written prescription at the time you go home.
- You can expect to resume normal activities the next day.
- You may experience mild drowsiness and poor coordination for up to 24 hours.  
In this interval, **DO NOT** drink alcohol, operate a motor vehicle, machinery or power tools, make legal or financial decisions or supervise infants or young children.
- You may taste blood or even see blood flecks and streaks with any coughing for up to 3-5 days.
- You may run a fever overnight. Treat it with Tylenol or Advil type medication.  
However, if new fever develops anytime after 24 hours please notify the doctor.
- If you develop sudden extreme shortness of breath, sharp stabbing pleurisy type chest pains or continuously cough blood please report this to the doctor at 972-964-0710 or proceed to the nearest ER or call 911.

### **Bronchoscopy Results**

- A pathologic diagnosis is generally not available for at least 3 working days.  
Any delays in getting a pathologic diagnosis is neither a good nor a bad sign.  
Results are never given to us during a weekend.
- Some culture results might be available after 2 days, but can take up to 7 days (and in rare instances even up to 6 weeks).
- Please contact our office during routine office hours in 4-5 working days to see if any results are available and to arrange any needed follow up office visits or testing.